



**Geylang East Home for the Aged**

**2018 Annual Report**

芽籠東老人之家  
2018 常年報告書

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## Chairman's Message

The Management Committee has completed the renovations of its three centres in stages from 2015 to 2018; namely Blk 97 Sheltered Home, Blk 96 Senior Care Centre and Blk 98 Harmony Activity Centre/Neighbourhood Link.

This modern hardware facility has continued to attract new elderly to utilize our facilities and software engagement. I wish to thank all members who oversaw the whole renovation process.

Our financial position is presently satisfactory, but we have to keep building our resources and be ready to meet the ever-changing needs of our beneficiaries.

Our 40<sup>th</sup> Anniversary Celebrations preparation is progressing without much hitch. I wish to record my heartfelt thanks to all who have contributed their collective efforts towards this goal.

Singapore, like the whole world is already going through a period of an Aging Society. The number and needs of elderly residents grew from day to day and is becoming more sophisticated. In order to cater to the changing needs, our management will have to expand to provide better recreational, healthcare and many other relevant activities to be added to our range of services.

A more sustainable solution is to seek more help from government agencies and keep relevant to the expectations. Geylang East Home for the Aged must align in providing good services and align with the demographic of elderly in our Society. This year MOH will be involving in a bigger way.

We have to consistently work and collaborate with the community at large, supporters, MSF, MOH, AIC and others in order to make all of our services viable.

I believe in working together as a closely knitted team, we look forward to being able to keep up with the expectation, be relevant and support our seniors to meet future challenges and transformation.

Eric Wong Ngiam Chin JP BBML

**Geylang East Home For The Aged (GEHA)** is a non-profit organisation, founded in December 1978 as voluntary welfare organization to provide quality care for the elderly. It is a registered society under the Societies Act and is an approved Institution of a Public Character (IPC Number: 000389) and a full member of the National Council of Social Service (NCSS).

Unique Entity Number (UEN): T01SS0110J

Registered Address: Blk 97 #01-439, Aljunied Crescent, Singapore 380097

### **Our Vision**

To promote a community spirit of helping out one another, and encourage the extension of one's love for their kith and kin, to the people and environment around them.

### **Our Mission**

To improve the quality of life of the elderly through the effective use of available resources; thereby fulfilling the "ageing in place" philosophy of Geylang East Home For The Aged.

### **Core Value - Caring For The Aged**

Care: Care for the elderly

Freedom: Neighbourhood home where elderly move about free and easy

Teamwork: Working together as a team to give our best for the elderly

Ardent: Passionate about the cause in caring for the aged

### **Objective**

Its objects are to provide the following services and facilities in Singapore and at such jurisdiction as the Management Committee may approve:

- To provide a place of abode and proper care to aged persons who are in need, including the provision of recreational facilities which will be also available for use by other senior citizens.
- To provide community-based day care, befriending services, rehabilitation services as well as other charitable services and assistance to the elderly, especially those who are weak and poor, without discrimination as to race, language or religion.
- To carry out such welfare work for the good of mankind, for example the provision of financial and personal support to those who are old and weak.

### **Funding Sources**

The funds of the Home are derived from the following: -

- Donations and contributions from members of the public, and corporate.
- The Home also collects nominal fees from the family members from its residential care service and day care service users.
- Government subsidies.
- Fund raising activities organized by the Home.

**Memberships**

Membership is open to any person aged 21 years or above who shares the above objects and committed to community work, irrespective of race, religion, gender and social status. All members shall have the right to vote and to hold office in the Society.

**Conflict of Interest Policy**

- 1) Whenever a member of the Management Committee or his / her immediate family members in any way, directly or indirectly, has an interest in a transaction or project or other matter to be discussed at a meeting (such member being referred thereafter to as the "**Conflicted Member**"), the Conflicted Member shall disclose the nature of his/her interest or the interests of his/her immediate family members at the beginning of the meeting before the discussion on the transaction, project or matter begins.
- 2) The Conflicted Member shall not participate in the discussion or vote on the transaction, project or matter in which he/she or his/her immediate family members is interested in, and shall withdraw from the meeting unless otherwise decided by the Management Committee.

**Governing Management Committee**

GEHA's Management Committee comprises of a team of 12 dedicated volunteers from different walks of life. They are responsible for devising strategic directions and operational policies to ensure that GEHA adhere to charitable objectives. The committee members are elected at Bi-Annual General Meeting to hold office for a term of two years.

**Advisory Council**

Advisor	Ms Tin Pei Ling
Voluntary Doctor	Dr Chuah Say Bah
Honorary Chairman	Mr Tan Seng Peng, BBML
Management Advisor	Mr Goh Juay Chin
Management Advisor	Mr Alex Lee Ka But, JP

**Management Committee appointed on 20-08-2017**

Position Held	Name
Chairman	Mr Eric Wong Ngiam Chin, JP BBML
Vice Chairman	Mr Sim Cheng Harr, Norman
Secretary	Mr Foo Shiang Ping
Assistant Secretary	Mr Teoh Chuan Pow
Treasurer	Miss Lim Siew Fah
Asst Treasurer	Mr Low Hwee Chiang
Member	Mr Chua Kee Ser
Member	Mr Ong Bock Chye, Dicky, PBM
Member	Ms Ong Geok Lian, Rosalind
Member	Ms Lim Hong Eng
Member	Mr Chin Kien Pun
Member	Ms Liew Mun Peng, Eddyson

**Staffing**

As at 31-03-2018, there is 27 full-time staff. There were no employees whose salary exceeded \$100,000/= for the year.

## **Review of Financial State and Explanation of Major Financial Transactions**

We would like to thank our donors, friends, supporters, MSF, MOH, AIC and other government agencies that had made significant contributions and provided supports and guidance to the Home.

Compared with the fiscal year 2017, the two points highlighted in the financial statements as of 31-3-2018 are:

1. The income from general donations has remained stable, and the government's funding for specific projects has gradually increased.
2. To comply with the Government's Appropriation Ordinance, the continuous implementation of various services must operate in accordance with the overall framework of manpower, equipment and service content. As a result, operating expenses tend to increase rapidly.

Under this transitional situation, the shortfall caused by human resources expenditures and the income from the services provided is expected. As the efficiency of the system increases, the operating revenue and expenditure situation can be gradually improved.

As a community welfare organization, the Geylang East Home For The Aged will continue to give full play to the social benefits of helping the elderly in the community. With the support of the general public, under the framework of the government assisting the elderly, we continue to play the existing functions in providing better living arrangements for the elderly residents in the area.

According to the current financial plan, the reserves of Geylang East Home for the Aged is enough to cope with the healthy operation of the organization for the next three to four years.

相较于 2017 财政年度，截至 31-3-2018 年的财务报表所突显的两点为：

1. 一般捐款收入保持稳定，政府对特定项目的资助有逐渐增加的趋势
2. 为符合政府拨款条例让各项服务得以持续推行，必须依照所设定的人力，配备及服务内容的总体框架进行运作，因此运作开支有快速增加的趋势。

在这种过渡情况之下，人力资源开支和所提供服务收入所造成的不敷是在预料之中的。随着系统运作效率的提升，运作收支情况可以逐步得到改善。

做为一个社区福利组织，芽笼东老人之家是会继续发挥其社区护老助老的社会效益，我们在社会大众的扶持下，在政府协助年长国民的框架下，继续发挥既有功能为年长居民提供更好的就地养老的生活安排。

根据目前的财务规划，芽笼东老人之家的储备是足以应付接下来三至四年组织的健康运行。

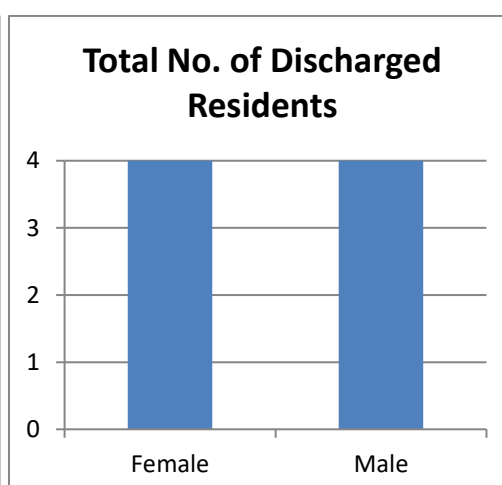
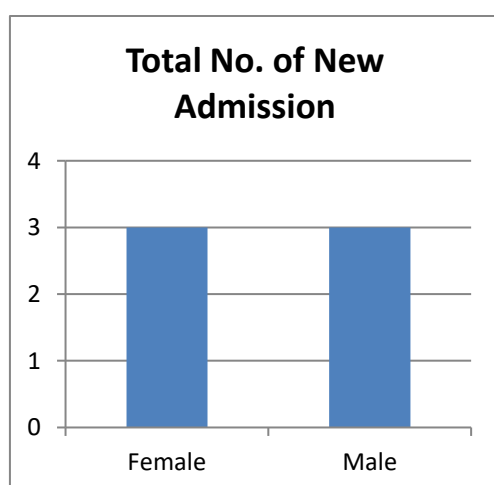
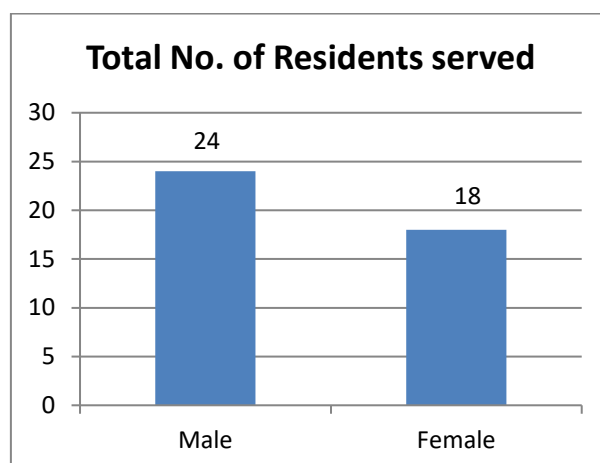
### **Program 1 – Sheltered Home**

**GEHA Sheltered Home** provides residential care services for elderly who have poor or no social & financial support (Example: Single elderly with no next of kin, low or no income who needs minimum supervision on daily activities or medication compliance) On top of providing them with shelter and basic necessities, our other value-added services include organizing programmes and activities to improve and maintain their physical, mental and psychosocial well being with the desired outcome of eventually discharging and integrating them into the community.

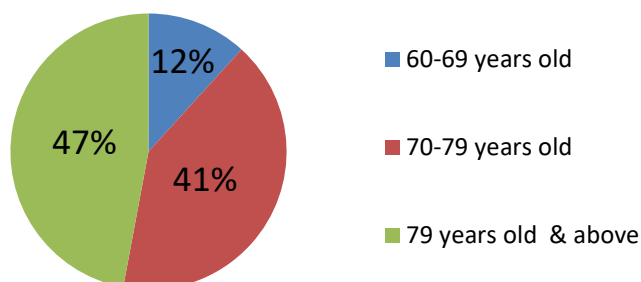
#### **Objective**

- Provide a supportive environment to meet the physical, mental, emotional, psychological, and social well-being of home residents.
- Facilitate independent living with minimum assistance as well as integration into the community for home residents
- Prevent premature admission of elderly to Nursing Homes

#### **Statistics (1<sup>st</sup> April 2017 – 31<sup>st</sup> March 2018)**



### Age Group of Elderly (Currently Serving)



### Manicure Service by Nail Palace



Since 7<sup>th</sup> August 2017, it has been a monthly affair for 20 – 30 staff of Singapore's well-renowned nail care salon – Nail Palace, to provide free manicure and pedicure services for elderly beneficiaries from the sheltered home, senior care centre and dementia day care.

On the first Monday of every month, staffs from Nail Palace will arrive at 8.30am to start off the monthly services, which serve a total of 69 elderly beneficiaries. The group of staff would typically spend the morning in GEHA before heading back to work in the afternoon. Staffs from Nail Palace were very energetic, patience and professional when providing their services. Casual conversations and laughter can often be heard among them and our elderly beneficiaries during the manicure sessions. Our elderly beneficiaries would often feedback that they are very fortunate and appreciative to receive such services from the young professionals amid their own busy schedules.

On several occasions, beyond providing the services, some of the staffs will bring along some snacks, food, for home residents to enjoy too. During the Lunar New Year 2018, their staffs went around to bless our elderly beneficiaries by distributing red packets.



Ms YoYo, the Branch Manager of Nail Palace, shared that it has been a monthly “look-forward-to” affair for their staffs to come to GEHA. Other than contributing to the welfare of the elderly community, they also look forward to the meet up with our elderly beneficiaries who they have grown familiar with over the months.

Every trip to GEHA leaves a memorable and fruitful experience among their staff which in turns allows them to share this special experience further to their families and friends in encouraging them to do more community services. Staffs from Nail Palace are thankful for the opportunity to serve the elderly beneficiaries of GEHA and look forward to continue serving them for as long as possible.

### **Air Treatment Programme by Lura Asia Office**

Over the past 3 years, staffs from Lura Asia Office have been contributing by providing the air treatment programme and deep mattress cleaning to the sheltered home once every 2 – 3 weeks.

The air treatment programme purifies the air, kills bacteria and germs, providing a pleasant environment for the home residents. In addition, the clean air provides better breathing and environment for seniors’ with sinus and asthmatic conditions. Dust mites feed on skin cells shed by people, and they thrive in a warm and humid environment. Therefore, with the deep mattress cleaning, it cleans out the dusts on the pillow and bed, which helps to prevent dust mites from breeding. This helps to ensure that our home residents live in a clean and sanitary condition.

In addition, Lura Asia Office donated one vacuum cleaner to each of our three centres. GEHA Staffs are able to use it on a weekly basis to upkeep the cleanliness of the place. Thus, with cleaner indoor air, it helps to promote the health and well-being of the home residents.

### **Challenge(s)**

The sheltered home received 28 sheltered home applications in FY17/18. Out of the 28 applications, 20 applications were not suitable for admission. The common reasons for non admission were mainly due to applicants need assistance in their activities of daily living such as toileting, bathing, etc or with mental conditions such as depression and dementia. As much as GEHA wish to help the applicants in providing care and shelter, the organization is limited by the size of its premise and manpower. The current premise of the sheltered home can house a maximum number of 37 home residents.

The environment of the sheltered home is an open concept setting which allows home residents to move around freely in the community vicinity of Geylang East Central. The current communal setting may not be suitable and safe for elderly with the various mental conditions.

Staff of the sheltered home will also require additional training to equip with the relevant skills to provide care and to interact with this group of elderly. Thus, with the growing demand and changing needs of the seniors, GEHA needs to adapt and train our staffs to serve seniors with special needs.

## **Program 2 – Senior Care Centre**

Geylang East Senior Care Centre (GESCC) is a one-stop service centre that provides Maintenance Day Care, General Dementia Day Care and Day Rehabilitation services to the community.

### **OBJECTIVE**

The objective of our Day Care service is to provide a holistic experience for our clients who require care arrangement while their family members are at work. Our programme entails cognitive stimulation activities such as meaningful social interactions and engagements relevant to the elderly population so that our clients can optimise their abilities in the community. Our Day Care caters four (4) meals, breakfast, lunch, tea break and dinner for our Maintenance and General Dementia Day Care users.

Our Day Rehabilitation programme serves individuals who have been discharged from hospitals and require rehabilitation. We also provide rehabilitation programme for individuals who will benefit from physiotherapy and occupational therapy so that decline in functional abilities can be delayed.

### **STATISTICS**

As of 31st March 2018, we have a total of 56 clients in all three (3) of our SCC services. (22 Male, 34 Female) - Youngest Age: 61, Oldest Age: 93, and Average Age: 79

Summary of Services:

Maintenance Day Care: 15, General Dementia Day Care: 21, Rehabilitation: 20

Some clients also receive both Day Care & Rehabilitation services.

### **General Dementia Day Care (GDDC)**

Mr L is an 87 years old senior who has been attending our General Dementia Day Care since late July 2017. In the beginning, Mr L seldom involves himself in our activities and would often inform staff that he wants to go home. Staff used the Person-Centred Care Approach to understand Mr L's needs and the kind of engagements that he requires. Initially, Mr L was resistant in participating in activities but with the support and encouragement from staff he slowly started playing mah-jong with other seniors and engaged in conversations with them. During reminiscence time, Mr L shares candidly about his experience in the Food & Beverage industry. Nowadays, it is a common sight to see Mr L joke with our colleagues.



### Maintenance Day Care (MDC)

Mdm T has been our Day Care client since February 2014. Mdm T has hearing difficulty and would habitually comment that she is too old to participate or learn anything. She does not remember the activities she has participated in or the things that she learns in our Centre. Colleagues often need to put in extra effort to persuade and encourage her to participate in various activities and tasks.

Interestingly, staff noticed a change for one of the programs. ‘Keep up the Tempo’ is an activity where our elderly are trained to use their sense of hearing and sight. They are also required to use their upper limb strength to play the drums and cymbals. Initially, Mdm T was reluctant to participate and would walk towards the seats at the last row. As she is hard of hearing and has impaired vision, being at the far end would lower her rate of participation. However, as the drums and cymbals sounded, staff observed that she could hear and was enjoying the beat. In the next 2 weeks, Mdm T was arranged to take a front row seat, where she could hear our instructions and follow the visual cues written on the whiteboard.

The program has been running for half a year and colleagues have witnessed Mdm T’s constant active participation and would even say that she is one of the best students in class. She is now able to identify loud and soft sound, quick or slow tempo and play according to the beat! When staff asked her if she remembers having music lessons, she would say: “Oh yes, the ‘qiang qiang qiang’ right!” – referring to the sound of the cymbal. This is great progress for a 92 year old! There are many other success stories and our staff look forward to empowering our seniors to not only accomplish tasks but also to enjoy the process of learning.



### Day Rehabilitation Centre (DRC)

Mdm C was admitted into our Day Rehabilitation program after she was discharged from the hospital due to a fall. As Mdm C was motivated in returning to her premorbid status, she consistently attends her rehab sessions. During the sessions, colleagues would share with her about the kind of exercises she can do at home. After slightly more than a month, Mdm C is able to ambulate well in the community without a walking aid.

### MEMORABLE MOMENTS

Outing to Changi Airport Terminal 3

On 25<sup>th</sup> August 2017, our Maintenance and Dementia Day Care seniors went on an outing to Changi Airport Terminal 3. As it has been more than half a year since our seniors’ last outing, the seniors were motivated to explore the new environment. Throughout the event, they mingled enthusiastically with one another, as well as with staff. It was a great time of bonding!



## CHALLENGES

### Absence of Transport with Hydraulic Lift

As the demand for clients who requires Day Rehabilitation and General Dementia Day Care increases, the SCC is looking at ways to cater to our clients and potential clients' needs. A considerable number of applicants whom we have conducted a Pre-Admission Assessment on had mentioned that they would feel more at ease if our transport is wheelchair accessible. Furthermore, there are applicants our Centre could not serve at the moment as they are unable to climb up our transport safely. Nevertheless, our transport operator is aware of this challenge, and has attended a session conducted by our Physiotherapist on how to ensure a proper and safe transfer, as well as on how to assist our clients in climbing up and down the transport. In addition, our transport operator will provide a transport with hydraulic lift by the second half of 2018.

### Number of Rehabilitation Sessions / Space Constraints

The number of rehabilitation sessions which are available is linked to the amount of space we have at the Centre. Currently, our Maintenance Day Care (MDC) clients have their nap time at our Day Rehabilitation Centre (DRC). Hence, the time slot of our Day Rehabilitation program is affected. In addition, the number of MDC clients has increased. Therefore, for our MDC clients to have their afternoon nap at the DRC for the long term is not sustainable. The SCC intends to revise our schedules for each of our three services to benefit all our service users.

### Changes in Allied Health Professionals

In the past one (1) year, we have had changes in our Allied Health Professionals (Physiotherapist and Occupational Therapist). Furthermore, their schedules are at times inconsistent which would mean that our Day Rehabilitation Centre staff would have increased workload. Currently, we have converted an Occupational Therapist to work with us on a full-time basis and we are looking for suitable Physiotherapist candidate to work with us on full-time basis.





Every day is a learning day not just for the seniors we serve, but also for the staff, caregivers and people from all walks of life whom we have interacted with. Through the program that we have planned and organised for our seniors, we discovered their strengths, areas for improvement, as well as what are the things that interest them, and whether it satisfies their innermost desires. In order to do so, we seek to have a more personal relationship with our seniors so that our programs are not simply a myriad of activities but are activities which are relevant to them not only in the SCC's setting but also in their homes and community.



**Program 3 – Harmony Activity Centre (Senior Activity Centre SAC)****Objectives**

- To improve the quality of life of low-income seniors;
- To prevent social isolation of poor and vulnerable seniors in identified blocks of HDB rental flats;
- To facilitate better co-ordination in the provision of community-based support services to the seniors.

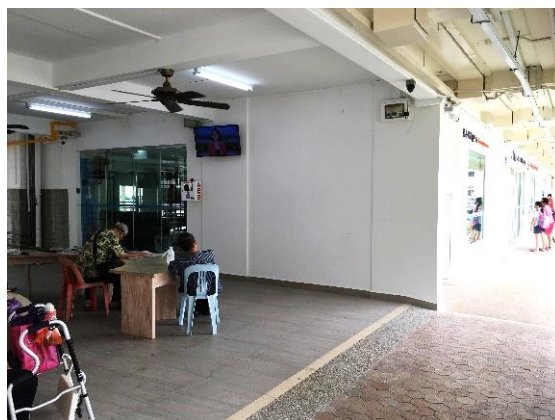
**Statistics**

	Description	Number
1.	Human Resource	
1.1	Staff	8 Staff
1.2	Volunteers	57 Individual
2.	Clients	
2.1	Registered Elderly (with or without membership)	343 Individuals.
2.2	Elderly with Membership	211 Individuals.
3.	Services	
3.1	Food Ration	73 Households
3.2	Free Meals	
	Breakfast	6 Individuals
	Emergency Interim Meals	6 Individuals
3.3	Housekeeping	
	General Maintenance	5 Households
	Housecleaning	1 Household
	Painting	1 Household
	Pest Control on Bi-Monthly Basis	4 Household
3.4	Escort Services	
	Restructured Hospital Appointments	1 Individual
	Polyclinic Appointments	3 Individuals.
3.5	Donations or Donations-in-Kind	6 Households.
3.6	Safekeeping/Collection of Personal Item(s) or Key(s)	1 Individual
3.7	Post-Death Undertakings	1 Individual
4	Main Operations	
4.1	At-Risk/Frail/Housebound	5 Individuals.
4.2	Programmes /Events	
	Daily Average attendance. (Attendance affected by renovation from end October 2017 to end January 2018 as facilities and some indoor activities could not be available.)	24
Weekly	TTSH CHEP Step It Up Programme (twice weekly)	29 Individuals
Monthly	Block Party & Ration Distribution	73 persons
	One-Day Tour	27
	Reminiscence Time	29
	Sing Along	31

Yearly	Chinese New Year Celebration	119
	Fire Drill	27
	Mid-Autumn Festival Celebration	74
	Hari Raya Celebration (with Block Party)	75
	Deepavali Celebration (with Block Party)	70
Ad-Hoc	Christmas Celebration	70
	Number of programmes/activities	18
	Total attendance (persons)	674
Outreach	Average attendance	37
	New cases	24
	Annual CPPF Updates	226

### Challenge(s)

- Increasing the number of regular, skilled, middle-aged volunteers;
- Increasing corporate partnerships and/or sponsorships to meet the day-to-day needs and the delivery of services to elderly;
- Improving the frequency and the quality of outreach and befriending to isolated and/or lonely elderly;
- Widening the base of elderly in programme participation, especially in daily activities and exercise programmes.





**Program 4 – Geylang East Neighbourhood Link****Objectives**

- To promote volunteerism in the community, so that seniors and other residents will remain active and engaged;
- To mobilize community resources in building a local network for the vulnerable seniors.

**Statistics**

	Description		Number
1.	GENL New Memberships & Membership Renewals since 08/2012		~1791
2.	GENL New Memberships & Membership Renewals for Reporting Period		~146
3.	Programmes/Events		
			Average attendance
3.1	Daily	Attendance (Attendance affected by renovation from end October 2017 to end January 2018 as facilities and some indoor activities could not be available.)	62
		Karaoke	15
		Rummy-O	6
3.2	Weekly	Basic English Class I (Mon)	13
		Basic English Class II (Sat)	11
		Bingo	22 ~ 30
		Hanyu Pinyin Class	13
		Le Sheng Yuan	49
		Line Dancing (Mon & Wed)	10
		Line Dancing (Sat)	20 ~ 40
		Morning Exercise	17 ~ 25
		Yuan Ji Dance	6
3.3	Monthly	Reminiscence Time	18
3.4	Yearly	Christmas Celebration	57 - Total Attendance

**Challenge(s)**

Managing members, with difficult behaviours and unreasonable demands, who come with a mindset to gain than to give.

**Combined HAC & GENL Success Story/Memorable Moment/Event**

Since HAC and GENL were merged with a new mission “to integrate the lower-income seniors living in the community into mainstream society, with the active participation of the wider community” in 2012, efforts have been directed to discovering strengths and resources from the GENL members to develop them into a giving community to the less privileged elderly from the HAC work, while the staff team designs and runs programmes/activities that benefit the bio-psycho-social well-being of both groups of people.

Success is not a given at all and it will take a long process. Nevertheless, success has arrived particularly for a merged group participating in one of our flagship programmes named "Step



"Up with Otago", run in partnership with Community Health Engagement Programme (CHEP) of Tan Tock Seng Hospital (TTSH).

For about five and the half years, rain or shine, elderly from both GENL and HAC come together on every Tuesday and Thursday for one-hour sessions of fall-prevention exercise plus education. From being strangers initially, this small community has developed friendships beyond boundaries. The more able have grown in their roles and have been working alongside the staff team, whether as exercise volunteers and/or sponsors, to support our cause in reaching out to the less privileged in this programme. And, at the same time, they mutually encourage each other in maintaining a proactive and healthy mindset and lifestyle while ageing in place.

"Step Up with Otago" truly reflects "the active participation of the wider community" in our endeavours to "integrate the lower-income seniors".



Medical Screening



Stratification



On-the-Job-Training by TTSH Physiotherapists



Balancing Exercise



Elderly-turned-Volunteers in Action

## 芽笼东老人之家

1978 年成立，是一所照顾老人的非盈利志愿福利团体。它在社团法令下注册，是间受批准的公益组织（Institution of a Public Character, IPC）。它也是国家福利理事会的成员。

## 愿景

通过个人、家庭与社区的力量發揚人类互助友爱的精神，讓彼此生活得更加和谐美滿。

## 使命

有效的使用一切資源来提升社区年長居民的生活素质，，落实就地养老的理念。

## 核心价值

- 关爱长者 - 融入社区 - 团队协作 - 热爱真诚

## 宗旨

一为有需要的老年人提供居住场所与照顾，包括为乐龄人士提供消闲设施。

一不论种族、语言与宗教，为老年人提供大众化的日间护理，友伴服务，以及康复调理；并协助社区慈善服务，尤其是扶持老弱者。

一推行社区福利工作，如为老弱者提供经济资助或其他个别援助。

本会将在有关当局的准许下，以各种方式推行各种敬老，护老和爱老的活动，以达到我们的宗旨。

## 本院之经费来源

一赞助人、社会人士之捐助。包括个人和公司机构之捐款。

一政府津贴。

一接受服务者缴付之费用。

一主办筹款活动所得之善款。

## 会员

凡赞同本会宗旨，乐意从事社区服务，21 岁以上者，不论种族、宗教、性别与社会身份，皆可成为本会会员。

## 顾问

顾问	陈佩玲国会议员
义务医生	蔡细峇医生
名誉主席	陈成平先生(BBML)
会务顾问	吴锐深先生
会务顾问	李家弼先生(太平局绅)

**管理委员会**

职位	Name 姓名
主席	黄彦臻先生 JP, BBML
副主席	沈清夏先生
秘书	符祥宾先生
副秘书长	张传保先生
财政	林秀华小姐
副财政	刘惠章先生
委员	蔡其士先生
委员	王木财先生 PBM
委员	王玉莲小姐
委员	林凤英小姐
委员	陈建彬先生
委员	刘蔓萍小姐

**芽笼东老人之家服务 (1) - 住宿服务** 总床位: 37 张。

目前住院人数: 35 位。男性 21 位, 女性 14 位。最年轻: 61 岁, 最年长: 93 岁, 平均: 79 岁

性别	领政府津贴人数 10% ~ 100%	“老人之家”慈善捐款 5% ~ 100%	付全费人数	总人数
男	16	14	1	21
女	10	7	1	14
总人数	26	21	2	35

(1) - 住宿服务



(2) - 芽笼东日间护理中心

**芽笼东老人之家服务 (2) - 芽笼东日间护理中心**

芽笼东护理中心提供一站式的全面日间护理服务它包括:

- 日间护理服务
  - 为有需要的年长人士提供日间托老服务, 让家人安心出外工作
  - 年长人士除了参与每天特别编排的活动之外, 也享有一天四餐的饮食安排 (早午晚餐和午茶)
- 日间复健服务
  - 中心也为有需要的邻里居民 (如: 中风病患), 提供基本的复健调理



3. 为患有轻微或中度失智的居民，提供有组织的团体和个人活动，延缓病情。除此，参与人士也享有一天四餐的饮食安排

中心运作时间：

星期一至星期五，早上八点三十分到傍晚五点三十分。公共假日除外

交通安排：

对于住在中心五公里范围的使用者，如有必要，中心可以协助安排合适的交通，符合援助条件者可享有政府补贴或经济援助

申请条件：

行动自如或需要使用一些助行器者，能够进行日常生活活动的人士，不接受带有传染病或有行为或精神病的患者

必要文件（备有不超过六个月的体检报告）：

- 近期的医药报告
- 胸肺 X 光报告
- 护联中心推荐文件等等

### 芽笼东老人之家服务（3）亲和缘活动中心

#### **使命**

亲和缘活动中心（即附属於芽笼东老人之家的长者活动中心），其活动主要在於把来自区内低收入家庭的年长人士联系起来，让他们和所有居民一起互动，并和整个社区一起成长进步。

### 芽笼东老人之家服务（4）芽笼东邻里中心

#### **使命**

芽笼东邻里中心是成立来组织，训练和推动居民义工，积极参与社区志愿服务的一项努力。旨在发扬居民互助互爱，自重利他，和谐友爱的社区精神。中心除了定期主办年长人士和不同年龄层居民的社区联谊之外，更扮演着居民之间社会讯息的一个传播点和互助站



2018 年翻新后的“亲和缘活动中心”外观

### Our Events - Objectives

1. Promote and enjoy traditional festivities with the disadvantaged in Aljunied Crescent
2. Strengthen our community ties and to encourage cohesiveness within our neighbourhood
3. Through the meaningful and productive activities, we hope to enhance mutual understanding

### 我们的节庆活动 - 目的

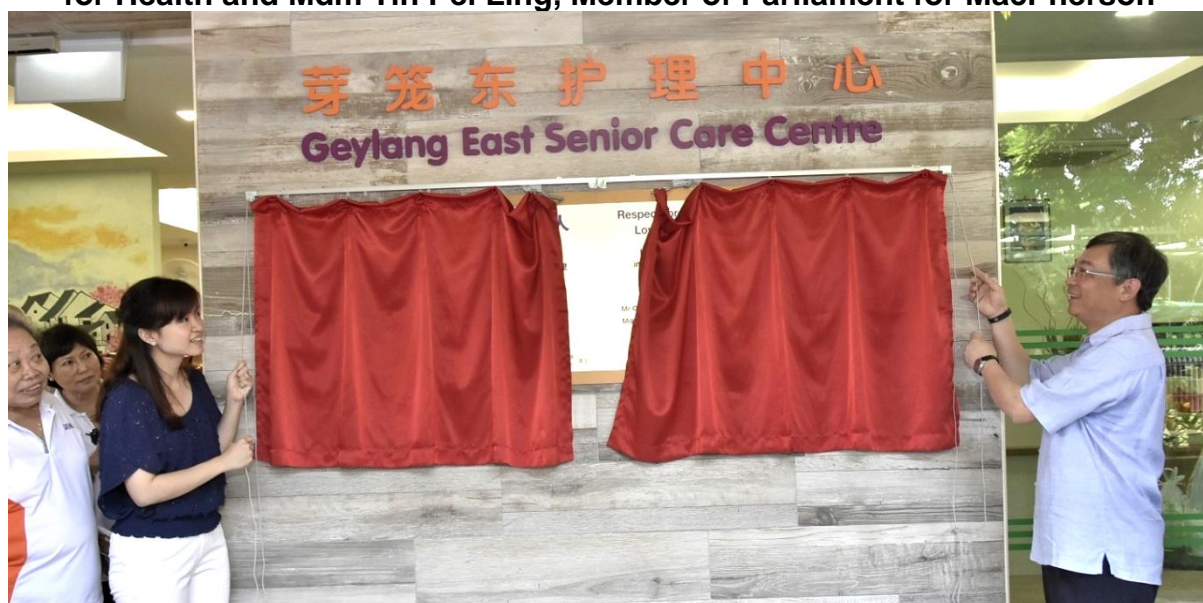
- 1) 把传统佳节气氛带进阿裕尼湾，与弱势群体共度佳节
- 2) 加强我们的社区凝聚力，促进邻里关系
- 3) 这些有意义和建设性的活动，目的是希望彼此能更进一步地了解，促进社区的和谐。

**24-06-2017**

### Community Event “Sunny Saturday” cum Opening of Senior Care Centre



Our Senior Care Centre was jointly inaugurated by Mr Gan Kim Yong, Minister for Health and Mdm Tin Pei Ling, Member of Parliament for MacPherson





## 07-10-2017 Mid-Autumn Festival Celebration 中秋晚会



## 09-12-2017 Christmas Celebration 圣诞节庆祝会





20-01-2018

**Lunar New Year Dinner cum Opening of Harmony Activity Centre (after renovation) 新春关怀晚宴 暨 亲和缘活动中心（翻新后）开幕仪式**



Four elderly beneficiaries of HAC of age 90 and above were invited to unveil the (after renovation) opening ceremony plaque together with our Advisor, Mdm Tin Pei Ling, Member of Parliament for MacPherson



**Thank you for your support and contribution!**  
**感谢一路上有您的支持！**

**Name of Organizations / Individuals who contributed sponsorship, visits, donations, etc**

3 <sup>rd</sup> SAF Transport Battalion	328 Katong Laksa
8 <sup>th</sup> Singapore Infantry Regiment	Aaloka Buddhist Center Singapore
Anglo Chinese School (Independent) 英华中学 (自主)	A Group of Buddhist Volunteers 一群佛友义工
Air Force Training Command, C3 Command	Aljunied CC Vocal Class
Anamel & Friends	Anglican High School 圣公会中学
Abundant Grace Presbyterian Church	Apricot Academy
Ayer Rajar CC Performing Arts Group 亞逸拉惹联络所	Bee Choo Herbal Hair Treatment 美珠草药护发中心
Bethel Assembly of God 伯特利神召会	Blossom Seeds Limited 福善
Braddell Heights C C Women's Executive Committee	Buddha of Medicine Welfare Society 药师行愿会
Buddhist Fellowship 佛教学会	Budhi Meditation Buddhist Association
Cha Yong (Dabu) Association 新加坡茶陽 (大埔) 会馆	Dhammakaya Centre Singapore 新加坡法身寺
Chee Kwan Kog 济芳阁	Cherie Hearts @ Eastgate
Christalite Student Care Centre	Crystal Jade Culinary Concepts Holding
Dr Mildred Tao	Etonhouse Preschool 伊顿幼儿园
EZB Pte Ltd	First Class Taste Sims Ave
FM Pop Music School	Friends in Charity, Singapore
Friends of Cool Haig Court	Friends of The Third Age 松年之友
Food Drinks & Allied Workers Union	Garden Pastry & Cake 嘉頓
Geylang Adventures	Geylang East Er Mei Qi Gong Group 芽笼东峨眉气功班
Geylang Methodist Primary School 芽笼美以美小学	Geylang Methodist Secondary School 芽笼美以美中学
Geylang United Temple 芽笼联合宫	HELLA Singapore Pte Ltd
Hong Kong West Point Baptist Church	Hua Koon Club 華群俱樂部
Huang Clan Chichang Association 黄氏炽昌联谊社	Kuang Chee Tng Buddhist Association 宽济堂念佛社
Kennedys Legal Solutions	Kenneth & Friends
Ku Family	Lam Yew Sia Association 南友社 友善堂
Kuan Im Thong Hood Cho Temple 观音堂	Lian Wang Trading Pte Ltd
Learning Vision	Lions Clubs of Singapore
Lim & Ho Family	Love & Care Volunteers 爱心与关怀组义工
Long Xian Shan Gong 龙显山宫	MacPherson Aljunied Crescent Zone 2 RC
MacPherson CC Women's Executive Committee	Man Fut Tong Welfare Society 满佛堂福利善友会
MacPerson Primary School 柏盛小学	Maris Stella High School 海星中学
Meng Li Cooked Food 明利熟食	MK Xpress Services
Mdm Koh	Mdm Tan Kwee Wah
Mdm Tay Ah Yam	Mdm Song
Mdm Alan Ye	Mr Andrew Lim
Mr Cheong Yew Chiong	Mr Chua Kok Soon
Mr Choo Quay Soon	Mr Don
Mr Francis Liou & Friends	Mr Goh Gek HONG
Mr Hemant & Wife	Mf Ho Fook Mun
Mr Jack Ho	Mr Jacky Chua



Mr Jason Soh	Mr Johnson Koh
Mr Koh Tiam Teck	Mr Kwek Soo Peow
Mr & Mrs Lee	Mr Lee Chun Hsien
Mr Lee Wei Seong	Mr Lim Hong Juay & Friends
Mr Lim Teck Huat	Mr Lim Tuan Yam
Mr Lim Zheng Wei	Mr Matthias
Mr Neo Ah Boy	Mr Ng Ah Kwee
Mr Ong Lay Koon	Mr Ong Tuan Boon
Mr Sam Lim	Mr Sam Koh & Family
Mr Shafeeq	Mr Soh Chim Peow
Mr Tan Guan Fok & Friends	Mr Tan Kuo Tze
Mr Tan Seow Hock	Mr Tan Soon Kiat
Mr Tan Yong Jin	Mr & Mrs Tang
Mr Tay Ming Hock	Mr Tay Teck Leong
Mr Teoh Chee How	Mr Terry Lee
Mr Ting See Hin	Mr Tonny Lee
Mr Thou Seeq	Mr William Seow
Mrs Chan	Mrs Lim
Mrs Wong	Mrs Yeo
Ms Alice Wong	Ms Catherine Tan
Ms Cecilia Chia	Ms Chua Sek Hua
Ms Evelyn Tan	Ms Florente
Ms Helen Ang	Ms Huay Ling & Ms Adeline
Ms Irene	Ms Ivy Chua
Ms Janice	Ms Jasmine Ang
Ms Jean Lim	Ms Jennifer
Ms Jenny	Ms Jessie
Ms Jolene	Ms Jonna Lim & Friends
Ms Joyce Lim	Ms Lim Seow Keow
Ms Lim Mui Lee	Ms Linda & Friends
Ms Liu Sow Mooi	Ms Low Mui Chng
Ms Melinda	Ms Nancy
Ms Passy & Friends	Ms Prierna
Ms Renita	Ms Saifa
Ms Shirley Yap	Ms Sia
Ms Sophia & Friends	Ms Stella Tng
Ms Tan Ai Ling	Ms Tan Moi Moi
Ms Tay	Ms Teo Geok Khin
Ms Thian Hui Wen	Ms Villa
Ms Voo & Family	Ms Wendy
Mufiz Restaurant Pte Ltd	Nail Palace
My First Skool 幼儿园	Nautilus Maritime Pte Ltd
Nan Chiau High School Red Cross Youth 南僑中学红十字会青年团	National University of Singapore 新加坡国立大学
Neighbour Ring Community Services	Ng Family
Norma & Bike Group	NTUC FairPrice @ Kallang Wave Mall
Overseas Hong Ann Villagers' Association 宏安旅外同乡会	PCF Sparkletots Preschool @ Ang Mo Kio-Hougang
Punggol Primary School 培道小学	R & D Pharmaceutical Pte Ltd
Republic Polytechnic 共和理工学院	Sakyamuni Dharma Centre 释迦牟尼佛法中心
Sengkang Green Primary School	SG Care Volunteer Group
Shan Yin Dian 善陰殿	Sherwood Childcare

SIA Social Service Club	Singapore Bank Employees' Union
Singapore Buddhist Welfare Association 新加坡佛学福利协会	Singapore Buddhist Lodge 新加坡佛教居士林
Singapore Foochow Association 新加坡福州会馆	Singapore Hokkien Huay Kuan 新加坡福建会馆
Singapore Heart Foundation	Singapore Institute of Management
Singapore Ji Xian Atheletic Association 新加坡济仙龙狮体育会	Singapore Marine Parade Merchants Association 马林百列商联会
Singapore Painscare Center 新加坡疼痛护理中心	Singapore Tables Chairs & Tents Contractors Association 新加坡桌椅布棚商公会
Singapore Police Force 新加坡警察部队	Singapore Polytechnic 新加坡理工学院
Singapore Telecommunications Limited (Singtel)	Sin Yong Huat Catering Services 新荣发
SMRT Corporation Ltd	St John Ambulance Brigade, Zone 5 圣约翰救护队
St. Patrick's School 圣伯特理中学校	Tanjong Katong Primary School 丹絨加东小学
Tampines Chinese Temple 淡滨尼联合宫	Temasek Polytechnic 淡马锡理工学院
Tao Nan School 道南学校	Teo Ann Huay Kuan 潮安会馆
The Finger Players 十指帮	The World Buddhist Society
Tian Ann Temple 天安坛	Tian En Care 天恩
Tse Tho Aum Temple 自度庵	Two Step Hairstyling Salon
Victoria Junior College – Medical Society 维多利亚初级学院	Vimalakirti Buddhist Centre 净名佛学中心
Victoria School 维多利亚学校	Wahab Construction
Woodlands Secondary School 辅仁中学	Yu Xu Taoist Association 玉虚道教协会
联谊中元会	年兴中元会
五合兴中元会	天师坛 @ Klang Lane
丁来发	董桂芳
黄老仙师	刘天明
刘容銓	潭世坛
陈佳兴	陈茶茵
陈兆锦	陈月英
法圣殿	洪金梅
洪丽絲	李北京
李香香	林明兴
林佩霏	林文聪
南洋忠义堂	霹雳坛
钱家益	释空億师父
譚鑛顺	圣阴殿
文静法师	吴黄凤銓
吴喜财	吴素英
吴垂英	吴月娥
张仁正	郑鑛顺与朋友
郑春满	陰獄殿

**Thank you for your support and contribution!**  
**衷心感谢你们的支持与捐献！**

## Welcome to Our Garden 欢迎来到我们的花园



### 老人在花园中进行活动



### Activities for the elderly in our Garden

**Thank You ! 感谢您 !**